

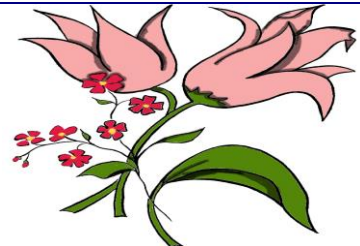




SENIOR COMMUNITY CAFÉ CALENDAR CONGREGATE JUNE-2015



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	Salisbury Steak Italiano Rotini w/Tomato Basil Sauce Broccoli Normandy Club Roll Fresh Fruit	2	Orange-Pineapple Juice Fish Florentine Wild Rice Creamy Spinach 100% Whole Wheat Bread Homemade Cookie	3	Chicken Vegetable Rice Soup (Chicken Wrap) Chicken Salad Taco Wrap 3-Bean & Barley Salad Shredded Lettuce Sliced Tomatoes Saltines Fresh Fruit	4	Orange Cumin Rubbed Pork Oriental Rice Oriental Vegetables Rye Bread Tropical Fruit	5	Country Vegetable Soup Eggplant Roll-Up w/Marinara Sauce Penne w/Marinara Sauce Prince Edward Blend Vegetables Whole Grain White Bread Peaches & Pears
8	Turkey Meatballs w/Sweet & Sour Sauce Fluffy White Rice Mediterranean Blend Vegetables 12-Grain Bread Pineapple Tidbits & Mandarins	9	Beef Vegetable Soup Tony's Individual Pizza Mixed Greens w/Cherry Tomatoes & Cucumbers Ranch Dressing Saltines Fresh Fruit	10	Grape Juice Stuffed Salmon Boat w/Lemon Sauce Orzo Pilaf Beets Oatnut Bread Chocolate Pudding w/Whipped Topping	11	Medeterranean Soup Roast Beef w/Gravy Baked Potato Whole Baby Carrots Dinner Roll Fresh Fruit	12	Apple Juice Veal Piccata Mashed Potatoes Squash Medley 100% Whole Wheat Bread Mixed Fruit
15	Italian Chicken w/Chick Peas & Artichokes Parslied Bowties Italian Mixed Vegetables Pumpnickel Bread Sliced Pears	16	Alaskan Pollock w/Seafood Sauce Baked Sweet Potato Sicilian Blend Vegetables 12-Grain Bread Pineapple Tidbits	17	Baked Ham w/Raisin Sauce Lyonnaise Potatoes Capri Blend Vegetables Pumpnickel Bread Peaches	18	CRT FATHER'S DAY MEAL Grape Juice Stufed Cabbage w/Tomato Sauce Rice Pilaf Scandinavian Blend Vegetables Italian Bread Special Dessert	19	Spring Vegetable Soup Rosemary Chicken Quarter Oven Roasted Potatoes Peas & Diced Carrots Wheat Dinner Roll Sliced Apples
22	Apple Juice Breaded Pork Steak w/Broth Scalloped Potatoes Succotash 100% Whole Wheat Bread Lemon Pudding Tart w/Whipped Topping	23	Cream of Carrot Soup Mini Cheese Burger on Bun Tater Tots Vegetable Medley Ketchup/Mustard/Relish Fresh Fruit	24	Macaroni & Cheese Stewed Tomatoes & Zucchini Spinach Salad w/Tomatoes/ Cucumbers & Onions Raspberry Vinaigrette Dressing Club Roll Pineapple Tidbits	25	Roast Turkey w/Gravy Cornbread Stuffing Broccoli Spears Dinner Roll Tropical Fruit	26	Mariners Chowder Crabby Cake on Wheat Roll Potato Wedges Hawaiian Coleslaw Tartar Sauce Saltines Fresh Fruit
29	Sliced Meatloaf w/Gravy Mashed Potatoes Prince William Blend Vegetables 12-Grain Bread Pineapple Tidbits & Mandarins	30	Six Bean Soup American Chop Suey Zucchini Squash Saltines Club Roll Fresh Fruit						

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of **age or older and their spouses.**

All meals are served with milk, bread and margarine. **DONATIONS: \$2.50 (or whatever you can afford)**